



# July 2021

## Activity Calendar & Social Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<u>1</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Manicures & Travel Talk  <b>DINNER</b> Name That Tune	<u>2</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Ladies/Men's Groups Music Time Corn Hole  <b>DINNER</b> Fun Facts	<u>3</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Baking/Cooking Club Whack A Balloon Coloring fun  <b>DINNER</b> Name That Tune
<u>4</u> <b>BREAKFAST</b> Range of Motion Inspirations Church Services  <b>LUNCH</b> Popcorn & a Movie BINGO  <b>DINNER</b> Sing Along  INDEPENDENCE DAY!	<u>5</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Joy Ride Snack and Chat Putting Fun  <b>DINNER</b> Family Feud	<u>6</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Bingo Whack A Balloon Puzzle Time  <b>DINNER</b> Wheel of Fortune	<u>7</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Arts and Crafts Music Time Bowling Fun  <b>DINNER</b> Jeopardy!	<u>8</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Manicures & Travel Talk  <b>DINNER</b> Name That Tune	<u>9</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Ladies/Men's Groups Music Time Corn Hole  <b>DINNER</b> Fun Facts	<u>10</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Baking/Cooking Club Whack A Balloon Coloring fun  <b>DINNER</b> Name That Tune
<u>11</u> <b>BREAKFAST</b> Range of Motion Inspirations Church Services  <b>LUNCH</b> Popcorn & A Movie Birthday Party for Jacqueline! Bingo  <b>DINNER</b> Sing Along  HAPPY BIRTHDAY JACQUELINE A.!	<u>12</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Joy Ride Snack & Chat Putting Fun  <b>DINNER</b> Family Feud	<u>13</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Bingo Whack A Balloon Puzzle Time  <b>DINNER</b> Wheel of Fortune	<u>14</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Arts and Crafts Music Time Bowling Fun  <b>DINNER</b> Jeopardy!	<u>15</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Manicures & Travel Talk  <b>DINNER</b> Name That Tune	<u>16</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Birthday Party for Lois K.! Music Time Corn Hole  <b>DINNER</b> Fun Facts  HAPPY BIRTHDAY LOIS K.!	<u>17</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Baking/Cooking Club Whack A Balloon Coloring fun  <b>DINNER</b> Name That Tune
<u>18</u> <b>BREAKFAST</b> Range of Motion Inspirations Church Services  <b>LUNCH</b> Popcorn & a Movie BINGO  <b>DINNER</b> Sing Along	<u>19</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Joy Ride Snack and Chat Putting Fun  <b>DINNER</b> Family Feud	<u>20</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Bingo Whack A Balloon Puzzle Time  <b>DINNER</b> Wheel of Fortune	<u>21</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Arts and Crafts Music Time Bowling Fun  <b>DINNER</b> Jeopardy!	<u>22</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Manicures & Travel Talk  <b>DINNER</b> Name That Tune	<u>23</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Ladies/Men's Groups Music Time Corn Hole  <b>DINNER</b> Fun Facts	<u>24</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Baking/Cooking Club Whack A Balloon Coloring fun  <b>DINNER</b> Name That Tune
<u>25</u> <b>BREAKFAST</b> Range of Motion Inspirations Church Services  <b>LUNCH</b> Popcorn & a Movie BINGO  <b>DINNER</b> Sing Along	<u>26</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Joy Ride Snack and Chat Putting Fun  <b>DINNER</b> Family Feud	<u>27</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Bingo Whack A Balloon Puzzle Time  <b>DINNER</b> Wheel of Fortune	<u>28</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Arts and Crafts Music Time Bowling Fun  <b>DINNER</b> Jeopardy!	<u>29</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Manicures & Travel Talk  <b>DINNER</b> Name That Tune	<u>23</u> <b>BREAKFAST</b> Chair Exercise Inspirations Helping Hands  <b>LUNCH</b> Ladies/Men's Groups Music Time Corn Hole  <b>DINNER</b> Fun Facts	<u>31</u> <b>BREAKFAST</b> Chair Yoga Inspirations Helping Hands  <b>LUNCH</b> Baking/Cooking Club Whack A Balloon Coloring fun  <b>DINNER</b> Name That Tune