



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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BREAKFAST SERVICE BEGINS AT 8:00 AM

LUNCH SERVICE BEGINS AT 11:30 AM

DINNER SERVICE BEGINS AT 5:00 PM




1 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 CHAIR YOGA (285)
 COOKING CLUB (301)
 AFTERNOON LUNCH (375)
 WHACK A BALLOON (285)
 NEW YEAR'S PARTY (360)
 EVENING DINNER (375)
 BINGO (204)
NEW YEAR'S DAY!
 Happy Birthday Shirley L.I

2 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 ROM EXERCISES (285)
 AFTERNOON LUNCH (375)
 ON THIS DAY (645)
 MUSIC THERAPY (400)
 EVENING DINNER (375)
 JOKES AND MORE (580)

3 MORNING
 BREAKFAST (375)
 INSPIRATIONS (285)
 WALKING CLUB (301)
 MANICURES (585)
 AFTERNOON LUNCH (375)
 RIBBON DANCE (115)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 FAMILY FEUD (650)

4 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 SING ALONG (135)
 AFTERNOON LUNCH (375)
 CHAIR YOGA (285)
 PLAY CARDS (237)
 EVENING DINNER (375)
 PUZZLES (237)

5 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 PARACHUTE FUN (270)
 KNOCK/KNOCK JOKES (580)
 AFTERNOON LUNCH (375)
 BINGO (204)
 FUN FACTS ABOUT STATES (645)
 EVENING DINNER (375)
 MATCHING GAME (220)

6 MORNING
 BREAKFAST(375)
 INSPIRATIONS (230)
 CHAIR EXERCISE(285)
 CHURCH SERVCIES (820)
 AFTERNOON LUNCH (375)
 POPCORN & MOVIE (675)
 SING ALONG (135)
 EVENING DINNER (375)
 PUZZLES (237)

7 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 WALKING CLUB (285)
 FACTS ABOUT PRESIDENTS(115)
 AFTERNOON LUNCH (375)
 JOY RIDE (650)
 TOSS-N-TALK (145)
 EVENING DINNER (375)
 WHEEL OF FORTUNE (650)

8 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY(520)
 ROM EXERCISES (275)
 AFTERNOON LUNCH (375)
 GETTING TO KNOW YOU (460)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 YAHTZEE (237)

9 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 JOKES AND MORE (580)
 AFTERNOON LUNCH (375)
 MUSIC THERAPY (400)
 WALKING CLUB (285)
 EVENING DINNER (375)
 RHYME THAT WORD (233)

10 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 WHACK-A-BALLOON (285)
 MANICURES (585)
 AFTERNOON LUNCH (375)
 HAPPY HOUR(360)
 CHAIR YOGA (285)
 EVENING DINNER (375)
 BOARD GAMES (237)

11 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY(520)
 BAKING CLUB (301)
 AFTERNOON LUNCH (375)
 MEMORY LANE (645)
 BINGO (204)
 EVENING DINNER (375)
 MUSIC HOUR (400)

12 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 BEAN BAG TOSS (251)
 CURRENT EVENTS (210)
 AFTERNOON LUNCH (375)
 BINGO (204)
 CLAP ALONG (107)
 EVENING DINNER (375)
 POETRY READING (580)

13 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 ANTIQUE SHOW (601)
 CHURCH SERVCIES (820)
 AFTERNOON LUNCH (375)
 MOVIE & POPCORN (675)
 WHACK A BALLOON (285)
 EVENING DINNER (375)
 MUSIC HOUR (400)

14 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 WALKING CLUB (285)
 SHORT STORIES (585)
 AFTERNOON LUNCH (375)
 JOY RIDE (650)
 BEAN BAG TOSS (251)
 EVENING DINNER (375)
 FAMILY FEUD (650)

15 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 BAKING CLUB (301)
 AFTERNOON LUNCH (375)
 CHAIR YOGA (285)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 NAME THAT TUNE (425)

16 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 FUN FACTS ABOUT STATES (645)
 AFTERNOON LUNCH (375)
 MUSIC THERAPY (400)
 WALKING CLUB (285)
 EVENING DINNER (375)
 WHEEL OF FORTUNE (650)

17 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 BEAN BAG EXERCISES (285)
 MANICURES (585)
 AFTERNOON LUNCH (375)
 KNOCK/KNOCK JOKES (580)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 PLAY CARDS (237)

18 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 CURRENT EVENTS (210)
 AFTERNOON LUNCH (375)
 ARTS AND CRAFTS (050)
 WALKING CLUB (285)
 EVENING DINNER (375)
 PUZZLES (237)

19 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 GETTING TO KNOW YOU (460)
 WALKING CLUB (285)
 AFTERNOON LUNCH (375)
 BINGO (204)
 SNACK-N-CHAT (485)
 EVENING DINNER (375)
 PLAY CARDS (237)

20 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 RIBBON DANCE (115)
 CHURCH SERVICES (820)
 AFTERNOON LUNCH (375)
 MOVIE AND POPCORN (675)
 RHYME THAT WORD (233)
 EVENING DINNER (375)
 CHAIR DANCING (285)

21 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 WALKING CLUB (285)
 CHAIR YOGA (285)
 AFTERNOON LUNCH (375)
 JOY RIDE (650)
 MATCHING GAME (220)
 EVENING DINNER (375)
 WHEEL OF FORTUNE (650)
MARTIN LUTHER KING JR. DAY!

22 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 WHACK-A-BALLOON (285)
 AFTERNOON LUNCH (375)
 ARTS-N-CRAFTS (050)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 MUSIC HOUR (400)

23 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 FUN FACTS ABOUT IT (645)
 SALON DAY (520)
 AFTERNOON LUNCH (375)
 MUSIC THERAPY (400)
 WALKING CLUB (285)
 EVENING DINNER (375)
 I LOVE LUCY (650)

24 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 ON THIS DAY (645)
 MANICURES (535)
 AFTERNOON LUNCH (375)
 ROM EXERCISES (275)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 NAME THAT TUNE (425)

25 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 BAKING CLUB (301)
 AFTERNOON LUNCH (375)
 FUN FACTS ABOUT IT (645)
 CHAIR YOGA (285)
 EVENING DINNER (375)
 PLAY CARDS(237)

26 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 CHAIR YOGA (285)
 ANTIQUE SHOW (601)
 AFTERNOON LUNCH (375)
 BINGO (204)
 TOSS-N-CHAT (145)
 EVENING DINNER (375)
 JOKES AND MORE (580)

27 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 CHAIR EXERCISES (285)
 CHURCH SERVICES (820)
 AFTERNOON LUNCH (375)
 GETTING TO KNOW YOU (460)
 BINGO (204)
 EVENING DINNER (375)
 I LOVE LUCY (650)

28 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 JOKES AND MORE (580)
 WALKING CLUB (285)
 AFTERNOON LUNCH (375)
 JOY RIDE (650)
 NAME THAT TUNE (425)
 EVENING DINNER (375)
 YAHTZEE (237)

29 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 SALON DAY (520)
 BEAN BAG EXERCISES (285)
 AFTERNOON LUNCH (375)
 CLAP ALONG (107)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 PLAY CARDS (237)

30 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 FUN FACTS ABOUT IT (645)
 SALON DAY (520)
 AFTERNOON LUNCH (375)
 MUSIC THERAPY (400)
 WALKING CLUB (285)
 EVENING DINNER (375)
 JEOPARDY(650)

31 MORNING
 BREAKFAST (375)
 INSPIRATIONS (230)
 CHAIR YOGA (285)
 MANICURES (535)
 AFTERNOON LUNCH (375)
 SING ALONG (135)
 HAPPY HOUR (360)
 EVENING DINNER (375)
 FAMILY FEUD (650)

